# Home Delivery Menu

terra

**Plant Based Food** 

## **HOMEMADE BAKERY**

**GLUTEN FREE SOURDOUGH BREAD** 50K Loaf 400g (order one day ahead) More to come

## **RAW HEALTHY SNACKS**

#### **INDIAN CRUNCH (R)**

25K

Pack 150g

Coconut flakes, white sesame, raisins, homemade Indian flavour

**CHOCO MACA ENERGY BALL** ® 20K Raw cacao, maca, almonds, pumpkin seeds, dates, raisin

**REISHI IMMUNE ENERGY BALL ®** 20K

Almond, dates, cinnamon, reishi powder

**RAW DARK MACA CHOCOLATE** (R) 20K

Organic raw cacao, coconut butter,. maca

#### **RAW GRANOLA**

GRANOLA R

45K

Pack 150g

Pumpkin seeds, sunflower seeds, coconut flakes, dry papaya, dry banana, raisins

More to come

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## HOMEMADE PASTRIES

BANANA BANOFFEE PIE 🔋		45K	
Dates, banan <mark>a, almond, cocon</mark> ut, vanilla			
SNIKERS 💙	6	45K	
Almond, raw <mark>cacao, peanut, lime</mark>			
<b>TIRAMISU</b> ® Almond, raw Irish moss	c <mark>acao, cocon</mark> ut, bana	45K na,	
<b>CARROT CAK</b> Dates, carrot	E ® , cashew, raisins, lime	45K	
HOMEMADE BUTTER			
		)/30к	

Bottle 200g / Refill	
PEANUT BUTTER ♥	50/30k
Bottle 200g / Refill	

## **HEALTHY DRINKS**

KOMBUCHA (FLAVORED) ♥ 50/30K Bottle 750ml / Refill Blue Magic, Gin<mark>ger Cinnamon,</mark> Hibiscus Rosemary, Turmeric Lemongrass 50/30K **FRESH ALMOND MILK** Bottle 500ml / Refill Order one day ahead More to come

(R): Raw ♥: Best seller

#### www.terra.health/delivery

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#### NUTS & SEEDS $\ensuremath{\mathbb{R}}$

ALMONDS, CASHEW, WALNUTS, PUMPKIN SEEDS, SUNFLOWER SEEDS SORGHUM SEEDS, WHITE/ BLACK CHIA SEEDS, BASIL SEEDS, ACTIVATED NUTS, FLAX SEEDS, BLACK MUSTARD SEEDS

Contact us directly for prices

#### **SUPERFOODS**

MATCHA POWDER, WASABI POWDER, GOJI BERRIES, CHARCOAL POWDER, MACA POWDER, CACAO NIBS, SPIRULINA POWDER, REISHI POWDER

Contact us directly for prices

10.00

#### **OTHERS**

DATES, RAISINS, CRANBERRIES, CINNAMON POWDER, HIBISCUS, LIQUID SORGHUM

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